


Wednesday, Oct. 22, 2025

9:00am – 9:10am	Introduction and Welcome: A Collective Call to Action	
COMPREHENSIVE APPROACHES TO OBESITY: BLUNTING ITS IMPACT		
9:10am – 9:43am	Complementary & Alternative Medicines for Weight Loss, Diabetes and Life	Frank J. Domino, MD
9:43am – 10:13am	Tailoring Nutrition for Success: Personalized Strategies for Weight Management*	Jody Dushay, MD, MMSc
10:13am – 10:28am	Burning Clinical Question: I Want to Start a GLP-1 RA, but I'm Worried About Muscle Loss: What Is Known and What Can I Do to Prevent It?	Jody Dushay, MD, MMSc
10:28am – 10:50am	Q&A Session	
10:50am – 11:00am	BREAK AND STRETCH	
11:00am – 11:28am	Physiology of Exercise	Maria Vamvini, MD
11:28am – 12:00pm	Personalizing the Exercise Prescription: An Office-Based Approach	Edward M. Phillips, MD
12:00pm – 12:15pm	Q&A Session	
12:15pm – 1:00pm	LUNCH BREAK	
MEDICAL AND SURGICAL MANAGEMENT OF OBESITY		
1:00pm – 1:42pm	Pharmacologic Management of Obesity: Rapidly Expanding Options*	Osama Hamdy, MD, PhD, FACE
1:42pm – 2:16pm	Modern Surgical Treatment of Obesity: Techniques and Patient Outcomes *	Souheil W. Adra, MD, FACS, ABOM
2:16pm – 2:30pm	Q&A Session	
2:30pm – 2:45pm	BREAK AND REJUVENATION EXERCISES 	
UPDATES ON THE MEDICAL MANAGEMENT OF DIABETES		
2:45pm – 3:40pm	Beyond Metformin: Navigating and Applying the New Guidelines and Reducing Cardiovascular Risk*	Martin J. Abrahamson, MD, FACP, FRCP (London)
3:40pm – 3:45pm	BREAK AND STRETCH	
3:45pm – 4:40pm	Newer Insulins and How to Use Them: A Comprehensive Primer	Richard S. Beaser, MD
4:40pm – 4:55pm	Burning Clinical Question: How Can I Learn to Count Carbohydrates in 10 Minutes?	Gillian Arathuzik, RD, LDN, CDCES
4:55pm – 5:10pm	Burning Clinical Question: My Patient with Type 2 Diabetes Just Had a Stent – Do I Need to Change Their Medications?	Martin J. Abrahamson, MD, FACP, FRCP (London)

Thursday, Oct. 23, 2025

9:00am – 9:20am	Recap of Day 1	Richard S. Beaser, MD
MACROVASCULAR DISEASE AND DIABETES		
9:20am – 10:05am	Managing Hypertension in People with Diabetes: Evolving Clinical Challenges	Melanie P. Hoenig, MD
10:05am – 10:15am	BREAK AND STRETCH	
10:15am – 10:58am	Managing Dyslipidemia in Diabetes: Individualizing Treatment Options	Om P. Ganda, MD, MBBS, MACE
10:58am – 11:10am	Q&A Session	
11:10am – 12:10pm	KEYNOTE: Microbiome (The Second Human Genome): What Shapes It and How It Shapes Us	Sanjiv Chopra, MD, MACP, FRCP (London)
12:10pm – 1:00pm	LUNCH BREAK	
CARDIOVASCULAR DISEASE AND DIABETES		
1:00pm – 1:32pm	Management of Acute Coronary Syndromes and Chronic Cardiovascular Disease in Patients with Diabetes	Donald E. Cutlip, MD
1:32pm – 2:14pm	Diabetes and Heart Failure: Update on Management	A. Reshad Garan, MD, MS, FACC
2:14pm – 2:30pm	BREAK AND REJUVENATION EXERCISES 	
2:30pm – 2:55pm	Common Cardiovascular Tests and Their Optimal Interpretation	Michael C. Gavin, MD, MPH, FACC
2:55pm – 3:20pm	Panel Discussion: Cardiovascular Care in People with Diabetes	A. Reshad Garan, MD, MS, FACC Michael C. Gavin, MD, MPH, FACC Donald E. Cutlip, MD
3:20pm – 3:25pm	BREAK AND STRETCH	
MISCELLANEOUS		
3:25pm – 4:15pm	Metabolic-Associated Steatotic Liver Disease (MASLD)	Sanjiv Chopra, MD, MACP, FRCP (London)
4:15pm – 5:05pm	Screening, Prevention, and Early Treatment of Type 1 Diabetes	Jason L. Gaglia, MD, MMS

Friday, Oct. 24, 2025

9:00am – 9:20am	Recap of Day 2	Martin J. Abrahamson, MD, FACP, FRCP (London) Richard S. Beaser, MD
EMERGING TECHNOLOGIES AND CHALLENGES IN DIABETES		
9:20am – 10:15am	Tech-Enabled Diabetes Care: Tools and Innovations for Better Outcomes*	Anne Peters, MD
10:15am – 10:25am	BREAK AND STRETCH	
10:25am – 10:40am	Burning Clinical Question: How Do I Start Insulin in a Person Who Is Not Well Controlled on Non-Insulin Medications?	Richard S. Beaser, MD
10:40am – 11:30am	Overcoming Hypoglycemia: Prevention and Treatment in Modern Diabetes Care	Mary-Elizabeth Patti, MD
11:30am – 11:35am	BREAK AND STRETCH	
11:35am – 12:25pm	KEYNOTE The Expanding Universe of GLP-1 Medicines	Daniel J. Drucker, FRS, FRCPC, OC
12:25pm – 1:10pm	LUNCH BREAK	
1:10pm – 1:50pm	Diabetes in Older Adults: Unique Perspectives in This Important Population*	Medha N. Munshi, MD
1:50pm – 2:35pm	Inpatient Management of Diabetes: Strategies and Transition to the Outpatient Setting*	Zachary H. Taxin, MD
2:35pm – 2:50pm	Q&A Session	
2:50pm – 3:05pm	BREAK AND REJUVENATION EXERCISES 	
3:05pm – 3:50pm	Future Therapies for Diabetes*	Alan C. Moses, MD, FACP
3:50pm – 4:30pm	Strategies to Promote Equity in Diabetes Care*	Leonor Fernandez, MD
4:30pm – 4:40pm	Q&A Session	
4:40pm – 4:45pm	BREAK AND STRETCH	
4:45pm – 5:00pm	Burning Clinical Question: How Do I Transition to a Full Basal/Bolus Insulin Program?	Richard S. Beaser, MD
5:00pm – 5:15pm	Burning Clinical Question: How Do I Interpret My Patient's CGM Data	Martin J. Abrahamson, MD, FACP, FRCP (London)

Saturday, Oct. 25, 2025

9:00am – 9:20am	Recap of Day 3	Martin J. Abrahamson, MD, FACP, FRCP (London) Richard S. Beaser, MD
MULTIDISCIPLINARY CASE WORKSHOP: BRINGING KNOWLEDGE TOGETHER		
9:20am – 10:25am	Multidisciplinary Case Workshop and Panel Discussion	Martin J. Abrahamson, MD, FACP, FRCP (London) Richard S. Beaser, MD Melanie P. Hoenig, MD Om P. Ganda, MD, MBBS, MACE Donald E. Cutlip, MD
10:25am – 10:40am	BREAK AND STRETCH	
SPECIAL POPULATIONS AND MICROVASCULAR COMPLICATIONS		
10:40am – 10:55am	Burning Clinical Question: My Patient with Type 2 Diabetes Wants to Become Pregnant – How Should I Counsel Her?*	Florence M. Brown, MD
10:55am – 11:10am	Burning Clinical Question: My Patient with Type 1 Diabetes Just Found Out She Is Pregnant – What’s the Optimal Management?*	Florence M. Brown, MD
11:10am – 12:00pm	KEYNOTE: Artificial Intelligence in Medicine	Adam M. Rodman, MD, MPH
12:00pm – 12:45pm	LUNCH BREAK	
12:45pm – 1:23pm	Retinopathy in Diabetes: Innovations in Screening and Treatment	Deborah K. Schlossman, MD
1:23pm – 2:09pm	Treatment of Renal Disease: Guidance to Blunt the Impact and Slow the Progression	Melanie P. Hoenig, MD
2:09pm – 2:20pm	Q&A Session	
2:20pm- 2:35pm	BREAK AND REJUVENATION EXERCISES 	
2:35pm – 3:20pm	Evaluating and Treating Neuropathies of Diabetes: 2025 Updates	Patricia E. Greenstein, MBBCh
3:20pm – 3:25pm	BREAK AND STRETCH	
THE DIABETIC FOOT		
3:25pm – 4:02pm	Preserving the Health of the Diabetic Foot: Practical Approaches *	John M. Giurini, DPM
4:02pm – 4:27pm	Peripheral Vascular Disease in Diabetes: Innovations and Best Practices	David R. Campbell, MD, FRCS, FACS
4:27pm – 4:45pm	Q&A Session	
4:45pm – 4:50pm	Indispensable Tips for Incorporating Updates into Clinical Practice, and Closing Remarks	